

# MEDICAL HEALTH QUESTIONNAIRE

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_  
 REFERRING PHYSICIAN \_\_\_\_\_ Weight: \_\_\_\_\_  
 PRIMARY PHYSICIAN \_\_\_\_\_  
 HOME PHONE: ( ) \_\_\_\_\_ WORK PHONE: ( ) \_\_\_\_\_  
 CELL PHONE: ( ) \_\_\_\_\_

**REASON FOR VISIT:** \_\_\_\_\_  
 \_\_\_\_\_

*Please check ALL that apply to you:*

**PAST MEDICAL HISTORY:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> high blood pressure                   | <input type="checkbox"/> asthma          | <input type="checkbox"/> kidney disease                 |
| <input type="checkbox"/> high cholesterol                      | <input type="checkbox"/> emphysema       | <input type="checkbox"/> stroke                         |
| <input type="checkbox"/> diabetes                              | <input type="checkbox"/> hypothyroidism  | <input type="checkbox"/> acid reflux                    |
| <input type="checkbox"/> cancer                                | <input type="checkbox"/> hyperthyroidism | <input type="checkbox"/> depression                     |
| <input type="checkbox"/> blood clots                           | <input type="checkbox"/> liver disease   | <input type="checkbox"/> anxiety                        |
| <input type="checkbox"/> heart disease <i>(please specify)</i> |  | <input type="checkbox"/> other: <i>(please specify)</i> |

**PAST SURGICAL HISTORY:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> appendectomy            | <input type="checkbox"/> hernia repair    | <input type="checkbox"/> vascular bypass |
| <input type="checkbox"/> gall bladder            | <input type="checkbox"/> prostate surgery | <input type="checkbox"/> heart surgery   |
| <input type="checkbox"/> hysterectomy            | <input type="checkbox"/> colon surgery    | <input type="checkbox"/> heart stenting  |
| <input type="checkbox"/> ovaries removed         | <input type="checkbox"/> breast surgery   |  |
| <input type="checkbox"/> other: <i>(specify)</i> |   |  |

**CURRENT MEDICATION LIST:**

- |         |         |         |
|---------|---------|---------|
| 1 _____ | 4 _____ | 7 _____ |
| 2 _____ | 5 _____ | 8 _____ |
| 3 _____ | 6 _____ | 9 _____ |

**PHARMACY:** \_\_\_\_\_

*Are you currently taking any of the following blood thinners?*

- |                                  |                                   |                                 |
|----------------------------------|-----------------------------------|---------------------------------|
| <input type="checkbox"/> Aspirin | <input type="checkbox"/> Coumadin | <input type="checkbox"/> Plavix |
|----------------------------------|-----------------------------------|---------------------------------|

**ALLERGIES:**

- |         |         |
|---------|---------|
| 1 _____ | 4 _____ |
| 2 _____ | 5 _____ |
| 3 _____ | 6 _____ |

**FAMILY HISTORY:**

*If any of the follow are checked please answer question following.*

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Breast cancer  | Relationship _____                          | Age diagnosed _____                                    |
| <input type="checkbox"/> Ovarian cancer | Relationship _____                          | Age diagnosed _____                                    |
| <input type="checkbox"/> Colon cancer   | Relationship _____                          | Age diagnosed _____                                    |
| <input type="checkbox"/> Other cancer   | Relationship _____                          | Age diagnosed _____                                    |
| <input type="checkbox"/> Heart disease  | <input type="checkbox"/> Blood clots        | <input type="checkbox"/> other: <i>(specify)</i> _____ |
| <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Bleeding disorders | _____  |

Name: \_\_\_\_\_

Date Of Birth: \_\_\_\_\_

**SOCIAL HISTORY:**

Do you use **tobacco** products? Yes or No      Amount \_\_\_\_\_ Years \_\_\_\_\_

If Yes are you interested in cessation program? Yes or No

Do you drink **alcohol**? Yes or No # \_\_\_\_\_ per week

Occupation \_\_\_\_\_      Require heavy lifting? \_\_\_\_\_

Interests/hobbies \_\_\_\_\_

**REVIEW OF SYSTEMS:**

*(Please check all that apply)*

**General**

- |   |                                       |                                      |
|---|---------------------------------------|--------------------------------------|
| <input type="checkbox"/> Weight changes | <input type="checkbox"/> Chills       | <input type="checkbox"/> Hot flashes |
| <input type="checkbox"/> Fevers         | <input type="checkbox"/> Night sweats |                                      |

**Head/Ears/Eyes/Nose/Throat**

- |   |                                     |  |
|---|-------------------------------------|--|
| <input type="checkbox"/> Visual changes | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Difficulty Swallowing |
|---|-------------------------------------|--|

**Respiratory (lungs)**

- |                                |                                   |   |
|--------------------------------|-----------------------------------|---|
| <input type="checkbox"/> Cough | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Difficulty Breathing |
|--------------------------------|-----------------------------------|---|

**Cardiovascular (heart)**

- |                                       |   |   |
|---------------------------------------|---|---|
| <input type="checkbox"/> Chest pain   | <input type="checkbox"/> Leg swelling   | <input type="checkbox"/> Resting leg pain |
| <input type="checkbox"/> Palpitations | <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Leg cramping     |

**Gastrointestinal (stomach/intestines)**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Heartburn       | <input type="checkbox"/> Diarrhea        | <input type="checkbox"/> Change in color of skin        |
| <input type="checkbox"/> Nausea/Vomiting | <input type="checkbox"/> Constipation    | <input type="checkbox"/> Fecal incontinence             |
| <input type="checkbox"/> Abdominal pain  | <input type="checkbox"/> Rectal bleeding | <input type="checkbox"/> Date of Last Colonoscopy _____ |

**Urinary System**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Urinary Incontinence | <input type="checkbox"/> Frequency      | <input type="checkbox"/> Burning with urination |
| <input type="checkbox"/> Change in stream     | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Dialysis               |

**Musculoskeletal**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Difficulty walking | <input type="checkbox"/> Back/Joint pain | <input type="checkbox"/> Exercise routinely |
|---|--|---|

**Neurological**

- |                                    |                                    |                                  |
|------------------------------------|------------------------------------|----------------------------------|
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Paralysis |                                    |                                  |

**Skin**

- |   |                               |   |
|---|-------------------------------|---|
| <input type="checkbox"/> Nonhealing sores | <input type="checkbox"/> Rash | <input type="checkbox"/> Abnormal moles |
| <input type="checkbox"/> Lumps            |                               |   |

**Gynecological**

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Breast lumps/mass | <input type="checkbox"/> Breast pain  |
| <input type="checkbox"/> Nipple discharge  | <input type="checkbox"/> Skin changes |

Age of first menstrual cycle? \_\_\_\_\_

First day of last menses? \_\_\_\_\_

Age at menopause \_\_\_\_\_

- |  |  |
|--|--|
| <input type="checkbox"/> Hormone replacement therapy _____ | <input type="checkbox"/> Currently taking? |
|--|--|

*if answered yes~*      Length of time on hormone therapy? \_\_\_\_\_

Number of pregnancies \_\_\_\_\_      Number of children \_\_\_\_\_

Age of first live birth \_\_\_\_\_

Date of last pelvic exam \_\_\_\_\_      Doctor \_\_\_\_\_

Date of last mammogram \_\_\_\_\_

**Reviewed by:**

**Date:**